

Club Office : Dr. Sarosh Bhacca Memorial Rotary Hall, Jivan Bharti School Annexe, Timaliyawad, Surat-395001. Gujarat, India.
E-mail : rotaryclubofsurat@gmail.com, **Web :** www.rotaryclubofsurat.org

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EDITORS : DR. NEETA GANDHI, MANJARI DESAI, PURVI CHAUHAN

New Generation Month

Strong Heart, Strong Lungs – The Key to Good Health

R.I.PRESIDENT
JENNIFER JONES

DISTRICT GOVERNOR
SHRIKANT INDANI

PRESIDENT
CA TEJAS GANDHI
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HON. SECRETARY
KUNDAN SHAH
M : 93772 21905

I.P.P. :
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SANDEEP NANAVATI

PRESIDENT NOMINEE :
JAI MISTRY

HON. TREASURER :
NILESH JARIWALA

HON. JT. SECRETARY :
KETAN PATEL

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DR. AJAY MAHAJAN
KAMAL GANDHI
ALPESH SHETRANJIWALA
JAI MISTRY
VINEET PANCHAL

SGT. AT ARMS :
MRUNAL KOTHARI
UMANG DALAL
MEGHAL BAXI

Date: May 19, 2023 (Friday)

Venue : Dr. Sarosh Bhacca memorial Rotary Hall, Jivan Bharti annexe, Timaliyawad Nanpura, Surat - 395001.

Time: 7:30 p.m.

MOM for the meeting held on the date 19/05/2023.

Meeting started with National Anthem

Meeting was called to order by President Tejas Gandhi.

Rtn. Umang Dalal recited the Four Way test.

President Tejas Gandhi welcomed trustee of Shree Ambikaniketan trust – Mr. Rupendra Singh Makwana, Guest Speakers Dr. Boskey Panchal and Dr. Bindi Naik, esteemed guests and members of Rotary club. He also talked on importance of Heart and lungs.

PP Rtn. Dr. Ajay Mahajan and PP Rtn. Nikhil Madras gave memento to Mr. Rupendra Singh Makwana. Rtn. Bhairav Desai gave memento to Dr. Boskey Panchal. Rtn. Indravadanbhai Shetranjiwala gave memento to Dr. Bindi Naik. Introduction of team of doctors from Shree Bhartimaiya Physiotherapy college was given by Rtn. Jagrutiben Gandhi. Every first Tuesday of the month these doctors provide guidance to the pregnant ladies of Pal Anganwadi. All these doctors were felicitated with certificate of appreciation by RC Surat.

Rtn. Dr. Neeta Gandhi beautifully gave introduction of speakers Dr. Boskey Panchal and Dr. Bindi Naik.

Dr. Boskey Panchal and Dr. Bindi Naik lead the session in a very interactive way. They threw lights on recent scenario of increasing heart attacks in young adults and also on effects of post covid on our body. It was a very eye opening session, how with simple exercises we can increase capacity of our crucial organs heart and lungs.

Hon. Secretary Rtn. Kundan Shah did the secretarial announcements. R/P Manjari Desai wonderfully did the birthdays and anniversary greetings. President Nominee Rtn. Jai Mistry did the vote of thanks. President Tejas Gandhi adjourned the meeting.

We meet at 7.30 pm
on Every Friday at
Club Office Address

Strong Heart, Strong Lungs – The Key to Good Health





PEOPLE OF ACTION

Bal Aanganwadi

'Feeding ensures growth, health and physical development of Children'

Our Club thanks its members for their contribution and sponsoring the snacks/ meals every Saturday for this Feeding Programme. The little sparks enjoy the meals happily and eagerly wait for next Saturday for the Rotary members to come and serve most awaited delicious snacks. This has created an unending bond between the Kids and Our Club members.

On 13 May'2023 Saturday, Rtn. Jay Mistry and R/P Shilpa Mistry sponsored delicious food to 40 kids at Pal Aanganwadi. The children happily enjoyed the food. The distribution was coordinated by Rtn. Purnima Gandhi, Rtn. Jagruti Gandhi. Rtn. Purnima Gandhi volunteered it.

Aaganwadi Feeding Programme is serving nutritious variety of meals to children below 6 years of age to improve their health and nutritional status of these kids at Aanganwadi.



Project: Recycled Cycles

"We make a living by what we get, but we make a life by what we give"

Rotary club of Surat has initiated the Project 'Recycled Cycles' making a difference in lives of underprivileged children. It aims to address multiple goals simultaneously. It recognizes the potential of unused resources, the needs of underprivileged individuals, and the importance of environmental sustainability. It also helps in generating source of income for mechanics. The project focuses on collecting donated bicycles, refurbishing them, and distributing them to students in need. Till now 18 cycles have been received and refurbished to put in use. RC Surat incurs a repair cost of Rs. 1000/- per cycle. Still we have more numbers in pipeline for the same.

The project seeks to make use of bicycles that are no longer being used by collecting them from donors. By repurposing these bicycles, their value is maximized, and they are given a new purpose in supporting the transportation needs of underprivileged individuals, specially students.

By encouraging the reuse of bicycles, the project contributes to reducing the environmental impact associated with the production and disposal of new bicycles.

The Recycled Cycles project is an inspiring endeavour that brings together the spirit of giving, resourcefulness, environmental consciousness and create a positive impact in the lives of underprivileged students.



Upcoming Programs May'2023

- 20 May (Sat) Healthy food distribution at Pal Aanganwadi sponsored by Rtn. Sandip and Dipti Nanavati
- 21 May (Sun) Eye Check-up Camp organised by RCC Chhaprabhatha
- 22 May (Mon) Handing over paly ground equipment at Pal Aanganwadi, sponsored by
Dr. Kajal Jani, Dr. Sejal Dave, Dr. Komal Shah, Ms. Neela Shah
- 22 May (Mon) Healthy food distribution at Pal Aanganwadi sponsored by
Rtn. Indravadanbhai Shetranjiwala and Rtn. Alpesh Shetranjiwala
- 26 May (Fri) Weekly Meeting shifted to 28 May Sunday
- 27 May (Sat) Healthy food distribution at Pal Aanganwadi sponsored by Rtn. Kamal Gandhi and Rtn. Jagruti Gandhi
- 28 May (Sun) Fellowship Event – Live Telecast of IPL @ Lagoona Grand Farm House, Puni Village

District Awards 2022-23 AarohShree @ Rajkot on 24th & 25th June 2023

Rajkot Greater **WOW** **IMAGINE ROTARY**

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DATE : 24th June, 2023, Saturday | DATE : 25th June, 2023, Sunday
TIME : 03:00 pm Onwards | TIME : 09:00 am Onwards

(High tea, Refreshments, Gala Dinner, Entertainment on 24th June, Breakfast, Refreshments and Lunch on 25th June.)

Registration Charges:
Upto 25/05/23 - Rs. 2400/- per person.
Upto 15/06/23 - Rs. 2600/- per person.
Spot Registration Rs. 2750/- per person.

HOST :
ROTARY CLUB OF RAJKOT GREATER

Club President: Rtn. Kunal Ashok Mehta 98244 77779 | Event Chair PP: Rtn. Nilesh Sheth 99251 10406 | Rtn. Secretary: Rtn. Apoorva Modi 80038 0110

Rtn. Shikant And Sarika Vidani
District Governor R.I.D. 3060

Kindly deposit your registration fees { Name: HIMALA CARRIES HOSPITALITY
Account Number: 42200000000000000000
Branch: HIMALA ROAD
Pin: 360001

It's mandatory to inform after depositing the charges
99251 10406

IT IS TIME TO RECOGNISE AND APPRECIATE
THE WORK YOU HAVE DONE ALL YEAR ROUND FOR ROTARY.

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Team WOW cordially invites you to
the Award Ceremony of RID 3060

DISTRICT AWARD CEREMONY

VENUE :
Phoenix Resort Kalawad Road,
Ishwariya Main Road, Rajkot(Gujarat)

Greetings



Rtn. Nikhil Madrasi	25/05
Rtn. Ashwin Sukhadia	28/05
Rtn. Bhavin Sukani	01/06
Rtn. Rupal Bhatt	03/06
Rtn. Vineet Panchal	07/06



R/P. Dipti and Rtn. Sandip Nanavati	20/05
R/P. Reena and Rtn. Mahesh Mali	25/05
R/P. Nirmala and Rtn. Atmaram Tripathi	29/05
R/P. Ranjana Sukhadia and Rtn. Ashwin Sukhadia	07/06